

## CHAPTER 4 Prayer

## GROUP LEADER

Spend several minutes discussing Week Three's exercises. How was your practice of stillness? Did you hear Jesus whisper anything to your heart? Are you willing to share that with your group?

## **DISCUSSION QUESTIONS**

- 1. What is your biggest struggle or challenge in the area of prayer?
- 2. Have someone read Matthew 6:9-13. Take some time to identify the six parts of the Lord's prayer.
- 3. What part or parts of the Lord's Prayer have been a regular part of your prayer life? Which parts are a new addition?
- 4. Take some time to unpack the phrase "Your kingdom come."
  - How would you define Jesus' kingdom?
  - What would it look like for His kingdom to come into our world?
  - In what specific areas of need does this prayer stir in your heart a greater desire to pray? Where do you long to see His kingdom come?

- 5. Why do you think Jesus included in this prayer a regular opportunity to forgive others who have hurt us? What is the impact in our lives when we allow unforgiveness to remain in our hearts?
- 6. How do you go about forgiving someone who has hurt you? Is there anyone you are struggling to forgive? How can the group help you move toward forgiveness?
- 7. What does it mean to pray for God to deliver us from the evil one?

Leaders, remind your group of the importance of doing the exercises. This week, the group will practice praying through the entire Lord's prayer.