

— CHAPTER 3 — Listening to Jesus

GROUP LEADER

Begin by spending some time discussing how last week's exercises went. How was the practice of stillness? Was it difficult? Easy? What did you learn about yourself?

DISCUSSION QUESTIONS

- 1. This week, we will be exploring a particular aspect of stillness—Listening to Jesus. The practice of stillness enables us to better hear Jesus' voice. What have been your past experiences in this area of listening to the voice of Jesus? Have they been positive, negative or something else?
- 2. Take a moment to review I Kings 19:1-8 which we looked at last week. In this place of stillness, what emotions are coming to the surface in Elijah's heart?
- 3. Now read the next section: I Kings 19:9-18. What did Elijah discover about how God speaks?
- 4. If we know God primarily speaks to us in a whisper, how does that impact how we listen to Him?

- 5. Have you experienced the whisper of Jesus? If so, what was that experience like?
- 6. How do you most often hear Jesus' whisper? A thought, a word, a picture, a Scripture? How attentive are you these days to His whisper?
- 7. What do you think of the idea of asking Jesus questions and then listening for His response?
- 8. If you have already done exercise one for this week where you ask Jesus, "When you look at me, what do you see?", what was that experience like? What did you hear?
- 9. Sometimes, this idea of us trying to hear Jesus' voice makes some Christians nervous: Isn't the Bible all we need? What if we don't hear correctly? How would you address these concerns?