SMALL GROUP GUIDE

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CHAPTER 1 How Does God Feel About You?

GROUP LEADER

A crucial aspect of doing this as a group is the opportunity each week to talk about how the exercises went for each person. Without each person doing the exercises, the group simply becomes a discussion group. Take some time this first week to highlight the importance of doing the exercises and to commit to doing so as a group.

DISCUSSION QUESTIONS

1. Before you began engaging this material, how would you have answered this question: How do you feel God feels about you? Be honest. What was your gut level perception of God, and why?

2. Take a moment to read Zephaniah 3:14-17. How does this Old Testament passage speak of the gospel and what Jesus will one day accomplish at the cross?

3. How difficult/easy is it for you to envision God holding you as a fitful infant, singing songs of love over you?

4. Now slowly read Number 6:24-27. How would you describe, in your own words, what it means that the Lord's face is shining on you and turned toward you? Is this how you perceive God's heart toward you? Why or why not?

5. Read Romans 5:5 and Romans 8:15-16. List all the things the Spirit is actively doing to help us experience the lavishness of Father's love?

6. What do you think keeps people from experiencing in their hearts this lavish love? Feel free to share from your own experience.

7. What is the potential long-term impact of pursuing a Christianity in which the love of the Father is never truly experienced in a person's heart?

8. If you have begun to do the exercises for this week, what was that experience like for you? Is biblical imaging something that is easy for you or difficult?